



RELATED LEARNING EXPERIENCE



BACHELOR OF SCIENCE IN NURSING: Community Health Nursing 1

RLE MODULE	RLE UNIT	WEEK
5	5	5
FAMILY NURSING PROCESS		

CHECK LIST

- ✓ Read course and laboratory unit objectives
- ✓ Read study guide prior to class attendance
- ✓ Read required learning resources; refer to course unit terminologies for jargons
- ✓ Participate in weekly discussion board (Canvas)
- ✓ Answer and submit course unit tasks



UNIT EXPECTED OUTCOMES (UEOs)

At the end of this unit, the students are expected to:

1. Apply appropriate nursing concepts and actions holistically and comprehensively based on a given scenario.
2. Integrate the researched principles and concepts of physical, social, natural and health sciences and humanities in Community Health Nursing 1.
3. Present to the class salient points of the activity.

RESOURCES

Computer device or smartphone with internet access (at least 54 kbps; average data subscription will suffice)

RLE GUIDE

To facilitate the practice of students' web navigation skills, the following rules must be implemented:

1. The use of search engines (e.g. Google, Yahoo) are allowed.
2. Use navigation techniques as mentioned in the required readings.
3. Students must submit this accomplished worksheet through Canvas upload.
4. For submissions please take note of the ff:
Surname First
Indicate CHN211 and then your section i.e. CHN211 2A1
Font face is ARIAL
Font size is 10
Set all your Margins at 1 inch
Document size is 8.5x13
Use grammar and spell checker.

RLE TASKS

Let us look back and remember our previous learnings.

In order to facilitate the improvement of the status of our clients and in order to solicit maximum participation from the family members; we know that we must do the following.

1. Collect data from the family through a combination of the following techniques: observation, interview, physical assessment, review of health records and reports, diagnostic/ laboratory test results
2. Analyze the data collected. This includes sorting the data, classifying/grouping the data, relating Data with each other, determining patterns, comparing patterns with norms/standards^[L]_[SEP], integrating the data^[L]_[SEP] in order to make inferences
3. First Level Assessment
Classify the initial impressions about the family as any of the following: Wellness, Health Threat, Health deficit, Foreseeable Crisis
4. Second Level Assessment
Determine which of the health task/s the family is unable to perform in relation to the health problem identified in the first level assessment



SCENARIO:

Janina Dela Cruz is a public health nurse at the Rural Health Unit. She met 26-year-old Rebecca Villanueva, married, 6 months pregnant with her first child, in a Garantisadong Pambata (outreach health services) visit at an ambulatory clinic in the barangay where the Villanueva family was residing.

Janina found out that Rebecca never had a prenatal consultation. She also noted that Rebecca was underweight, with a weight of only 48 kg and a height of 155 cm. When Janina asked her where she plans to deliver her baby, she replied that she would probably have a home delivery under the care of the local “hilot” because professional attendance would be too expensive for them. Rebecca explained that she came to the ambulatory clinic upon the prodding of her husband who heard about the health workers’ visit to the barangay. To assess the Villanueva’s home situation and to teach Rebecca health practices related to her pregnancy, Janina asked Rebecca if she could make a home visit. Seemingly pleased with Janina’s attention, Rebecca agreed with Janina on a home visit schedule, stating that she wanted to learn more from Janina to prevent problems with her pregnancy and delivery.

When Janina made the home visit, she noted that Rebecca live with her 32-year-old husband Marion, who was at work at the time of visit. He was the sole breadwinner of his family – a construction worker earning the daily minimum wage. Rebecca described her husband as hardworking. They lived in a rented shack of mixed materials with a bedroom, a bathroom and toilet, and a small multi-purpose room (living and dining room and kitchen). Rebecca’s activities consisted mainly of household chores. Sometimes, Rebecca would spend time at the homes of some friends and relatives residing in the neighborhood.

In the course of the interview, Janina found out that Rebecca had inadequate knowledge about community health services, prenatal nutrition, preparation for childbirth, and infant care. Rebecca said that she and her friends and relatives sometimes talk about such matters, but the information given was confusing and conflicting. Aside from palmar pallor and underweight, other findings during physical examination were normal. When asked about her diet, Rebecca told Janina that she limited her food intake because she did not want to have a cesarean section, which may be needed if the baby grew too big.

Directions for task 1:

Prioritize the top 3 family nursing problem from the scenario above with justification. Score each diagnosis using Scale for ranking family nursing problems based on prioritization from Factors that affect modifiability of the health problem, Factors that affect preventive potential. Rank the same after the computation of respective scores. (Show your computations)

FAMILY NURSING DIAGNOSIS	SCORING	JUSTIFICATION	RANK
1.			
2.			
3.			
4.			

Directions for task 2:

Focus on the Family Nursing Diagnosis ranked number one. Create a Family Health Care Plan using the matrix suggested below.

CUES	FAM NSG DX	GOAL	OBJECTIVES	INTERVENTIONS	RATIONALE	EVALUATION
Subjective			Cognitive Affective Psychomotor		w/ citations	
Objective						

Instructions:

- Create a Visual presentation (PowerPoint) on the given scenario.
- One Group will be chosen to present during synchronous class via zoom meeting for a maximum of 30 minutes.
- Submit your PowerPoint presentation through canvas upload in the assignment submission tab provided.

Date Completed:

Date Submitted:

REFERENCES

1. Nursing Care of the Community. A comprehensive text on community and public health nursing in the Philippines by Famorca et al
2. Nursing Practice in the community 6th edition by Maglaya